



List of values

Ability	Awareness	Commitment
Abundance	Awe	Communication
Acceptance	Balance	Compassion
Accomplishment	Beauty	Competence
Accountability	Beingness	Complacency
Achievement	Belongingness	Completion
Acknowledgement	Benevolence	Composure
Adaptability	Blissfulness	Concentration
Adventure	Boldness	Confidence
Affection	Bravery	Conformity
Affluence	Brilliance	Congruency
Alertness	Calmness	Connection
Aliveness	Camaraderie	Consciousness
Altruism	Candour	Consistency
Ambition	Capability	Contentment
Amusement	Care	Contribution
Anticipation	Carefulness	Control
Appreciation	Certainty	Conviction
Approachability	Challenge	Conviviality
Artfulness	Charity	Coolness
Articulacy	Charm	Cooperation
Assertiveness	Cheerfulness	Copiousness
Assurance	Clarity	Cordiality
Attentiveness	Cleanliness	Correctness
Attractiveness	Cleverness	Courage
Audacity	Closeness	Courtesy
Availability	Comfort	Creativity



List of values

Credibility	Diversity	Expectancy
Curiosity	Dreaming	Expediency
Daring	Drive	Experience
Decisiveness	Duty	Expertise
Decorum	Dynamism	Exploration
Dedication	Eagerness	Expressiveness
Deepness	Economy	Extravagance
Deference	Ecstasy	Extroversion
Delicacy	Education	Exuberance
Delight	Effectiveness	Fairness
Dependability	Efficiency	Faith
Depth	Elation	Fame
Desire	Elegance	Family
Determination	Empathy	Fascination
Devotion	Empowerment	Fashion
Devoutness	Encouragement	Fearlessness
Dexterity	Endurance	Ferociousness
Dignity	Energy	Fidelity
Diligence	Enjoyment	Fineness
Diplomacy	Enlightenment	Finesse
Direction	Entertainment	Firmness
Directness	Enthusiasm	Fitness
Discernment	Equality	Flexibility
Discretion	Exactness	Flow
Discipline	Excellence	Focus
Discovery	Excitement	Fortitude
Discretion	Exhilaration	Frankness



List of values

Freedom	Impartiality	Longevity
Friendliness	Impeccability	Love
Friendship	Improvement	Loyalty
Frugality	Independence	Majesty
Fun	Ingenuity	Mastery
Gallantry	Inquisitiveness	Maturity
Generosity	Insightfulness	Meekness
Genuineness	Inspiration	Mellowness
Giving	Instinctiveness	Meticulousness
Grace	Integrity	Mindfulness
Gratefulness	Intelligence	Moderation
Gratitude	Intensity	Modesty
Gregariousness	Intimacy	Motivation
Growth	Intrepidness	Mysteriousness
Guidance	Introversion	Neatness
Happiness	Intuition	Obedience
Harmony	Intuitiveness	Open-Mindedness
Health	Inventiveness	Openness
Helpfulness	Joy	Optimism
Heroism	Justice	Order
Honesty	Keeness	Organisation
Honour	Kindness	Originality
Hopefulness	Knowledgeableness	Outlandishness
Humility	Leadership	Outrageousness
Humour	Learning	Passion
Imagination	Liveliness	Patience
Impact	Logic	Peacefulness



List of values

Perceptiveness

Perfection

Perseverance

Persistence

Persuasiveness

Philanthropy

Piety

Playfulness

Pleasantness

Pleasure

Plentifulness

Poise

Polish

Popularity

Potency

Potential

Practicality

Pragmatism

Precision

Presence

Privacy

Proactivity

Proficiency

Professionalism

Prosperity

Prudence

Punctuality

Purity

Purpose

Quality

Quietness

Quickness

Realism

Readiness

Reason

Recognition

Recreation

Refinement

Reflection

Relaxation

Reliability

Resilience

Resolution

Resolve

Resourcefulness

Respect

Responsibility

Restfulness

Restraint

Results-oriented

Reverence

Rigour

Risk

Sacredness

Sacrifice

Saintliness

Satisfaction

Security

Self-Control

Selflessness

Self-Realisation

Self-Reliance

Sensitivity

Sensuality

Serenity

Service

Sexuality

Sharing

Shrewdness

Significance

Silence

Silliness

Simplicity

Sincerity

Skillfulness

Smartness

Sophistication

Solidarity

Solidity

Solitude

Soundness



List of values

Speed	Thankfulness	Vigour
Spirit	Thoroughness	Virtue
Spirituality	Thoughtfulness	Vision
Spontaneity	Thriftiness	Vitality
Stability	Timeliness	Vivacity
Status	Traditionalism	Warmth
Stillness	Tranquility	Watchfulness
Strength	Transcendence	Wealth
Structure	Trust	Wholesomeness
Substantiality	Trustworthiness	Willingness
Success	Truth	Winning
Support	Understanding	Wisdom
Surprise	Uniqueness	Wittiness
Supremacy	Unity	Wonder
Sympathy	Usefulness	Worthiness
Synergy	Utility	Zeal
Tactfulness	Valour	Zest
Teamwork	Variety	Zing
Temperance	Victory	